



Learn 1.0 Curriculum

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| Week 1 | Learn how to rally on a Red court |
| Week 2 | Learn how to volley on a Red court |
| Week 3 | Learn how to rally and volley on an Orange court |
| Week 4 | Learn how to serve and return on an Orange court |
| Week 5 | Learn how to rally, volley, serve and return on a Green court |
| Week 6 | Learn how to play doubles on a Green court |
| Week 7 (if applicable) | Learn how to play the net in doubles on a Green court |
| Week 8 (if applicable) | Learn how to play singles on a Green court |