



Learn 2.0 Curriculum

Week 1	Learn how to out-rally your opponent
Week 2	Learn how to out-rally your opponent when receiving higher, deeper balls
Week 3	Learn how to transition to the net when receiving lower, shorter balls
Week 4	Learn how to volley consistently
Week 5	Learn how to start the point with a consistent serve
Week 6	Learn how to start the point with a consistent return
Week 7 (if applicable)	Learn how to keep the ball in play in doubles
Week 8 (if applicable)	Learn how to work as team to effectively cover the court in doubles

A player has finished 2.0 and can move to 2.5 when they can:

- Rally 10 balls in a row with a coach, using a mix of forehands and backhands, from the baseline
- Volley 10 balls in a row with a coach, using a mix of forehands and backhands, from the net to the baseline
- Serve 3/5, on both deuce and ad side