

## Learn 2.5 Curriculum

Week 1	Learn how to out-rally your opponent crosscourt when receiving wider balls
Week 2	Learn how to out-rally your opponent crosscourt when receiving short or deep balls
Week 3	Learn how to transition to the net when receiving wider balls
Week 4	Learn how to place a volley to make the opponent move
Week 5	Learn how to control the point with a serve using direction and quality
Week 6	Learn how to control the point with a return using direction and quality
Week 7 (if applicable)	Learn how to control the point in doubles with teamwork at the net
Week 8 (if applicable)	Learn how to defend in doubles with teamwork at the baseline

A player has finished 2.5 and can move to 3.0 when they can:

- Rally 10 balls in a row crosscourt with a coach on both the deuce and ad side, using the appropriate stroke
- Volley 10 balls in a row crosscourt with a coach on both the deuce and ad side, using the appropriate stroke
- Serve 3/5, on both deuce and ad side, to wide and T targets where the ball bounces past the baseline